# Probiotic Complex

Probiotic Complex has 4 billion probiotic organisms per capsule. Probiotics are micro-organisms that are a good form of bacteria. The digestive system usually includes both 'good' as well as 'bad' bacteria, which needs to be balanced to maintain optimal health.



Looking for guidance, tips or healthy recipes?

> Talk to your Herbalife Independent Member



4 Billion probiotic organisms per capsule

Maintain good gastrointestinal health

**Supports healthy** digestion

## What are the key ingredients?

- Lactobacillus acidophilus (13.5mg) equivalent to 1.7 billion organisms.
- Bifidobacterium longum (38.5mg) equivalent to 2.3 billion organisms.

Both of these probiotic strains work together in the gut to ensure the growth of good bacteria.

## How does it benefit you?

- Helps maintain healthy digestive function.
- Assists to restore beneficial intestinal bacteria.
- Aids, assists or helps in the maintenance of general wellbeing.
- Helps to maintain good gastrointestinal health.
- Promotes the growth of friendly bacteria.

### How do I take it?

Adults take one capsule with water once a day.

#### Who is it suitable for?

Those who want to help maintain healthy digestive function.

## You might also want to try

Herbal Aloe Concentrate, Active Fibre Complex, and Chitosan Fibre Complex.

#### Contains Sulfites.

This product is not intended to treat medical conditions. Always read the label. Use as directed.

## To learn more, visit Herbalife.com.au

All information is intended for your general knowledge only and is not a substitute for medical advice or treatment for specific medical conditions.

These products are not intended to diagnose, treat, cure, or prevent any diseases.

This information is not intended to replace the advice of your personal medical professional.



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